

Character Connections

examples gathered from
Tiger, Wolf, Bear and Webelos
Cub Scout books and
from the Cub Scout Program Helps
from 2002 to 2009-2010 and Pow Wow books.



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“Get Connected Attend Roundtable”

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The Purposes of Cub Scouting

- 1.Character Development
- 2.Spiritual Growth
- 3.Good Citizenship
- 4.Sportsmanship and fitness
- 5.Family Understanding
- 6.Respectful Relationships
- 7.Personal Achievement
- 8.Friendly Service
- 9.Fun and Adventure
- 10.Preparation for Boy Scouts

Character Connections

1. Citizenship
2. Compassion
3. Cooperation
4. Courage
5. Faith
6. Health and Fitness
7. Honesty
8. Perseverance
9. Positive Attitude
10. Resourcefulness
11. Respect
12. Responsibility

Scout Law

- Helpful
Friendly, kind
Helpful, cheerful, friendly
Brave
Reverent
Clean
Trustworthy, loyal
Thrifty
Cheerful
Thrifty
Courteous, obedient
Helpful, trustworthy

Character development is an important part of the Scouting program and it involves three major areas: Thinking (the head), feeling (the heart), and behavior (the hand). Cub Scouting emphasizes the relationships of the head, the heart and the hand to 12 core values and calls them

CHARACTER CONNECTIONS.

These 12 core values are important throughout Cub Scouting:

As you work on achievements, ask your Cubs to consider the following:



Knowledge: Character development includes developing moral knowledge and moral reasoning. Children must understand what honesty means, and they must understand and interpret what a situation calls for and decide how to apply the principles of honesty.

What do I think or know? (What do I know about the core value, about the experience, about the context, etc.?)

Commitment: Character development also includes attention to moral motivation.

Children must be committed to doing what they feel is right. They must be able to take the perspective of others, consider how others feel, and develop an active moral conscience.

How do I feel generally? (How do I feel about this value? What makes this difficult to do? How did this experience make me feel, etc.?)

Practice: Character development also includes attention to the development of moral habits through guided practice. Children need opportunities to practice what is good, to do what is right but difficult, and to experience the core values as they live the world.

What can I do? (How can I practice this value in the future? (at school, at home, with my friends, etc.?)

Tigers (2006 Printing) six values

- Responsibility (Page 38)
Citizenship (Page 49)
Health and Fitness (Page 58)
Respect (Page 65)
Faith (Page 73)
Honesty (Page 30)

Wolves seven values

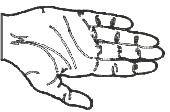
- Positive Attitude (Page 70)
Respect (Page 74)
Responsibility (Page 82)
Cooperation (Page 88)
Faith (Page 94)
Courage (Page 100)
Honesty (Page 18)

Bears seven values

- Resourcefulness (Page 156)
Citizenship (Page 34)
Honesty (Page 140)
Respect (Page 72)
Faith (Page 26)
Compassion (Page 174)
Courage (Page 96)

Webelos nine values

- Faith (Page 50-51)
Honesty (Page 42+46)
Perseverance (Page 124)
Citizenship (Page 144)
Health and Fitness (Page 246)
Responsibility (Page 300)
Respect (Page 318)
Courage (Page 366)
Positive Attitude (Page 392)





CHARACTER DEVELOPMENT

Since its origin, the Scouting program has been an educational experience concerned with values. In 1910, the first activities for Scouts were designed to build character, physical fitness, practical skills, and service. These elements were part of the original Cub Scout program and continue to be part of Cub Scouting today.

Character development should extend into every aspect of a boy's life. Character development should also extend into every aspect of Cub Scouting. Cub Scout leaders should strive to use Cub Scouting's 12 core values throughout all elements of the program—service projects, ceremonies, games, skits, songs, crafts, and all the other activities enjoyed at den and pack meetings.

Cub Scouting's 12 Core Values

1. **Citizenship:** Contributing service and showing responsibility to local, state, and national communities.
2. **Compassion:** Being kind and considerate, and showing concern for the well-being of others.
3. **Cooperation:** Being helpful and working together with others toward a common goal.
4. **Courage:** Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.
5. **Faith:** Having inner strength and confidence based on our trust in God.
6. **Health and Fitness:** Being personally committed to keeping our minds and bodies clean and fit.
7. **Honesty:** Telling the truth and being worthy of trust.
8. **Perseverance:** Sticking with something and not giving up, even if it is difficult.
9. **Positive Attitude:** Being cheerful and setting our minds to look for and find the best in all situations.
10. **Resourcefulness:** Using human and other resources to their fullest.
11. **Respect:** Showing regard for the worth of something or someone.
12. **Responsibility:** Fulfilling our duty to God, country, other people, and ourselves.

12 Core Values and The Scout Law

Boy Scouts learn and strive to live by the Scout Law:

A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, dean, and reverent.

Many of the core values of Cub Scouting relate directly to the Scout Law:

Core Value	Scout Law
Compassion	Kind
Cooperation	Helpful
Courage	Brave
Health and Fitness	Clean
Honesty	Trustworthy
Positive Attitude	Cheerful

Character can be defined as the collection of core values possessed by an individual that leads to moral commitment and action.

Character development should challenge Cub Scouts to experience core values in six general areas: God, world, country, community, family, and self.

Character is "values in action."



Character Connections™

The goals of the Cub Scout leader are

- to seek out and maximize the many opportunities to incorporate character development
- to convince the young Cub Scout that character is important to the individual, to his family, community, country, world, and God

Character development should not be viewed as something done occasionally as part of a separate program, or as part of only one area of life. For in reality, character development is a part of everything a Cub Scout does. Character development lessons can be found in every aspect of the Cub Scouting experience.

When it comes to developing character, the complete person must be considered. Character development involves at least three critical areas:

- 1-Know (thought)
- 2-Commit (feeling)
- 3-Practice (behavior)

In Cub Scouting, addressing these three critical areas and relating them to values is referred to as **Character Connections**.

Character Connections asks the Cub Scout to:

K**now:** Character development includes moral knowledge—both awareness and reasoning. For example, children must understand what honesty means and they must be able to reason about and interpret each situation, and then decide how to apply the principles of honesty. *What do I think or know about the core value? How does the context of this situation affect this core value? What are some historical, literary, or religious examples representing the core value?*

C**ommit:** Character development includes attention to moral motivation. Children must be committed to doing what they know is right. They must be able to understand the perspectives of others, to consider how others feel, and to develop an active moral conscience.

Why is this core value important? What makes living out this core value different? What will it take to live out this core value?

P**actice:** Character development includes the development of moral habits through guided practice. Children need opportunities to practice the social and emotional skills necessary for doing what is right but difficult, and to experience the core values in their lives.

How can I act according to this core value? How do I live out this core value? How can I practice this value at school, at home, and with my friends?



To make Character Connections an integral part of Cub Scouting, the 12 core values are being integrated through out the boys' handbooks and advancement program.

Program support for character development can be found in *Cub Scout Program Helps*, in the *Cub Scout Leader Book*, and at your monthly roundtable meetings.

Remember:

- Core values are the basis of good character development.
- Character must be broadly defined to include thinking, feeling, and behavior.
- Core values should be promoted throughout all phases of life.

Character Connection: Citizenship

Tiger book

Character Connections **Citizenship** (Page 41)

Practice- Do requirement 2D

Know- What does it mean to be a good citizen? Why do you think we say the Pledge of Allegiance?

Commit- Is it easy to be a good citizen? Why is it important to show respect to the flag even if others around you might not?

Bear book

Complete the Character Connection for **Citizenship** (Page 34)

1. **Know-** Tell ways some people in the past have served our country. Tell about some people who serve our country today. (Don't forget about ordinary"" people who serve our country.)
2. **Commit-** Tell something that might happen to you and your family if other people were not responsible citizens. Tell one thing you will do to be a good citizen.
3. **Practice-** Tell 3 things you did in 1 week that show you are a good citizen.

Webelos book

Complete the Character Connection for **Citizenship**. (Page 144)

1. **Know-** Lists some of your rights as a citizen of the United States of America. Tell ways you can show respect for the rights of others.
2. **Commit-** Name some ways a boy your age can be a good citizen. Tell how you plan to b a good citizen and how you plan to influence others to be good citizens.
3. **Practice-** Choose one of the requirements for this activity badge that helps you be a good citizen. Complete the requirement and tell why completing it helped you be a good citizen.

Cub Scout Program Helps 2002-2003 page 10 February

Do I Love America paper Chain

Materials: Red, white, and blue colored paper cut into 1 x 8 ½ “ strips; connector strips (same size) decorated with stickers or rubber stamp prints; tape; markers or pens. Each cub scout gets three colored strips and write on each what makes America special to him. He signs his name, and connects the link to the chain. Now that the chain is done we have a lot of ideas abut our country, what makes it special, and how we can be a good citizen.

- What do you think *citizenship* is all about? What new things have you learned about citizenship?
- How do you feel about being an American citizen? Do you feel that you are a good citizen? How does it feel to see people who don't act as good citizens?
- What can you do to set the example of good citizenship? Can you think of ways to help other people be good citizens?

Character Connection: Citizenship Continued

Cub Scout Program Helps 2002-2003

Cubmaster Minute page 4 February

The citizens of today are all the parents and grandparents, aunts and uncles of you Cub Scouts. The citizens of tomorrow are *you*. People came to our county looking for freedom and peace. That freedom has been protected over the years and will continue to be protected. As the citizens of tomorrow, you will support the freedom and peace we all now enjoy. It is a task well worth the effort. Thanks you, Cub Scouts, for being good citizens – today and tomorrow.

Cub Scout Program Helps 2004-2005 page 10 April

Water Cycle Terrarium

Materials: Jar, plants; bottle cap or shell of water; soil, sand, and small rocks.

Fill the jar first with small rocks, then sand, then soil. Then add plants in the soil and place your bottle cap or shell of water in the jar.

Fill jar as in the picture and put the lid on. Put the jar in a sunny place and see how the water cycle works.

Character Connection: Citizenship

When the den chose an introductory statement of our Pledge of Allegiance, you reviewed several idea.

When you chose one statement to represent how you felt about the flag, what did that one say to you that the other statements did not? That is a part of citizenship. Why is good citizenship important?

When you say those kinds of things, what is your reaction? It is easy to show respect for our flag? Is there someone you know who sets a good example in showing citizenship?

Can you help others show respect for the flag? How else can you show good citizenship?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Citizenship Contributing service and showing responsibility to local, state, and national communities.

Activity - Have your Cub Scouts go to an internet search engine (e.g., Google) and type in "kids making a difference." They will find countless inspiring examples of how young people have made their communities and the world a better place. Have them select stories they like and present them to the den and tell why they chose them. Do these stories give them any ideas about things they might like to do?

Activity - Have your Cub Scouts visit www.goodcharacter.com and click on "Opportunities for Action or Service Learning." There they will find opportunities to become involved in community service projects and other activities relating to citizenship and civic responsibility.

Plan a service project to do as a pack or den for your school or community.

Activity - Have your Cub Scouts select their heroes and write about them. Introduce the

Character Connection: Citizenship Continued

idea of heroes as people who do things to help others. For ideas about how do expand this activity visit www.giraffe.org.

Activity - Are you planning to do a pack eco-project? If so, visit Captain Planet™ Foundation's website, and the Captain may be able to assist in providing the seed money to get your project growing. Go to: www.captainplanetfdn.org.

Activity - To help create a more tolerant and caring society. "What is the cost?" Have ready a selection of every day items such as a candy bar, an audiocassette, a pair of socks, and so on. You also need to know how much each of these items costs to buy. Then play a game of "The price is right." Produce your items one at a time. Get each Cub to guess the cost. Each Cub takes a turn guessing first. No one is allowed to say the same price as someone else. Two points for being exactly right one for being the closest. Then move on to part two. What is the cost of freedom? What is the cost of a flag? What is the cost of friendship? What is the cost of trust?

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Red, White, and Baloo Sing, "You're a Grand Old Flag," *Cub Scout Songbook*, page 77 When you recite the Pledge of Allegiance, you promise that you will always be true to our country. That is why you face the flag and give the proper salute as you repeat the Pledge of Allegiance. • Do you stand at attention while saluting the flag during the Pledge of Allegiance? Do you ever laugh or poke the person next to you during the Pledge of Allegiance? • What keeps you from showing the proper respect for our country and our country's flag? • What can you do show that you're proud to be a citizen of the United States?

Cub Scout Program Helps 2007-2008 page 8 March

When we started our meeting we recited the Cub Scout Leave No Trace Pledge.

- What do you think the pledge means?
- Do you know what *citizenship* is?
- How is the Cub Scout Leave No Trace Pledge related to *citizenship*?
- How do you practice good *citizenship* related to the outdoors? How can you be a responsible citizen during the week ahead related to the outdoors and recycling?

Cub Scout Program Helps 2008-2009 page 6 March

- We are all citizens of the United States of America. What do you think that means? You're right, it means that we help our country, we help other people in our country, and we respect the flag. (Have adult partners share their thought about citizenship.)
- How do you think we can show that we are good citizens? What are some things you've seen other people do to show good citizenship?
- Can you do any of those things in the week ahead?

Character Connection: Citizenship Continued

Cub Scout Program Helps 2009-2010 page 137 July

Last week we talked about the many freedoms we have in our country. We also talked about our Cub Scout Promise and how that is a way of citizenship.

What do you remember about the meaning of citizenship? What else is citizenship?

Can you think of ways we have shown good citizenship in Cub Scouting?

How can you demonstrate good citizenship during the week ahead?

Character Connection: Compassion

Bear book

Complete the [Character Connection](#) for **Compassion**. (Page 174)

1. **Know**- Tell y as a leader, it is important to shoe kindness and concern for other people. List ways leaders show they care about the thought and feelings of others.
2. **Commit**- Tell why a good leader must consider the ideas, abilities, and feelings of others. Tell why it might be hard for a leader to protect another person's well-being. Tell ways you can be kind and compassionate.
3. **Practice**- While you complete the requirements for this achievement, find ways to be kind and considerate of others.

Cub Scout Program Helps 2003-2004 page 6 December & **2003-2004** page 10 March **World Friendship Fund**

Boy Scouts of America administers the World Friendship Fund to help Scouting associations around the world which are in need of assistance in doing their work. Once a year, BSA asks packs to contribute to this fund. This would be a good time of the year for your pack to demonstrate its goodwill of other Scouters. A free kit or World Friendship Fund materials is available by writing:

World Friendship Fund
International Division, S221
Boy Scouts of America
P. O. Box 152079
Irving, TX 75015-2079

Lighthouse game

An activity to increase awareness of visual impairments.

The leader is the lighthouse. Half the group will be the ships. They go to one end of the room and put on blindfolds. The other half are rocks and distribute themselves on the floor between the ships and the lighthouse, keeping their hands and feet in to minimize tripping. The lighthouse says, "Woo, Woo" to guide the ships. The rocks go "Swish, Swish" quietly to warn the ships of their presence. On "Go," the ships navigate between the rocks to the lighthouse. If they touch a rock, they are sunk and must sit on the floor (and go "swish, Swish" also). When all the ships have made it to the lighthouse (or have been sunk), the rocks and ships switch places.

After making contributions to the World Friendship Fund, lead a den discussion:

- What does being *compassionate* mean?
- What does it mean to have compassion for other people? Can you think of what compassion shows others about you?
- Can you think of a time when someone was kind or compassionate towards you? How did that make you feel? How would you have felt if the person or people were *not* kind or compassionate?

Character Connection: Compassion continued

- What are two ways you can show compassion at school?
- How can you show compassion for someone who is having a difficult time? What can you do to show others that you have compassion? Can you think of a person who would benefit from compassion?

Cub Scout Program Helps 2003-2004 page 10 October

World Conservation Panda

Makes panda magnets, magnets, neckerchief slides. Or pencil toppers. Use white and black pom poms and wiggle eyes. Attach a piece of magnet to the back or a piece of ½ " PVC pipe to make it into a neckerchief slide.

Character Connection: Compassion

The World Conservation pandas represent animals that are endangered in our world. We have an obligation to our future to protect all creatures.

What do you think will happen to the animals of our world if their environment is destroyed? What does it mean to have compassion?

Do you feel like you have compassion for animals? How would you feel if someone didn't care about you?

What might make people feel compassion for animals? What can we do to show compassion for animals?

Differences Awareness Trail RT Planning Guide 2003-2004 page 47

Set up a variety of stations where boys can experience various physical challenges.

Challenges might include stations where boys:

Wear eyeglasses smeared with petroleum jelly to simulate impaired vision.

Place cotton in the ears or wear ear protectors to simulate impaired hear.

Tie magazines around the knees to simulate walking difficulties. If available, have boys attempt to use a walker.

Are given a copy of the sign language alphabet. Have someone sign different sayings from a Cub Scout handbook.

Are give directions to perform a simple task from someone speaking in a foreign language.

Are given a copy of the Braille alphabet. From a Braille board made with dots of hot glue on a piece of cardboard, the boys try to "read" different words and phrases.

Have 2 fingers wrapped together to simulate a broken finger, then attempts to tie his shoe.

Us a balance board to simulate inner ear problems.

Use a pair of crutches or a walker and attempt to negotiate an obstacle course.

Use the opposite hand and attempt to write his name.

Wear heavy work gloves to stimulate difficulty with gripping objects and try to stack pennies.

Use only one arm and try to put on and button up; a jacket or sweater.

Character Connection: Compassion continued

Cub Scout Program Helps 2004-2005 page 10 January

Late- Breaking News

Have the boys sit in a circle. The object of the game is for each boy to add three words to a single story as it is passed around the group. The three words should help describe an incredible news story, the funnier the better. The leader should begin the story slowly by saying something like, "Late last night.", The second person might add, "... A green monster..."; And so on. If someone gets stuck and can't think of anything to add, keep going and go back to that person later. Keep the game moving along.

Character Connection: Compassion

How do you decide what gets printed or reported? What choices did you make when you decided what to report?

Why is it important to decide what to write about?

Think about a time when someone said something dishonest about you. What was your reaction? How did it make you feel?

How can you show that you have compassion for other's feelings?

Cub Scout Program Helps 2004-2005 page 6 May

One-Of-A-Kind Pet

Materials: Craft odds and ends so that each Tiger Cub can create a pet that is one of a kind. For the body; a stuffed sock, block of wood, box, rock, empty tin can or even a berry basket. Additional materials may include construction paper, paper plates, plastic utensils, pipe cleaners, craft sticks, etc.

Tiger Cubs and partners may finish this project at home. Boys will bring their pets the following week so they can show their new pets to the rest of the den and tell their names, highlight the kind of body they have, show how many legs they have, show the tail, etc. They can describe where the pets came from, what they eat, what they sound like, what they like to do, whether they live on land, in the water, or can fly, etc.

Character Connection: Compassion

What do you think about the life of these animals at the shelter? When you give something to help, is it compassion? What does it mean to have compassion? Do you feel you have compassion for the animals at the shelter? How do you think the animals will react when they get these things?

What else can you do to show compassion for these animals? Are there other animals we can feel compassion for (such as those in the rainforest, or endangered species)?

Character Connection: Compassion continued

Cub Scout Program Helps 2004-2005 page 4 May

Cubmaster's Minute: Animal Skills

With all the wonderful skills dogs can learn, there is one thing they cannot do. Dogs cannot see colors. As a matter of fact, monkeys and apes are the only animals that can see colors.

Do you ever feel like you cannot do something because you are too small, too clumsy, or too young? Well, next time you do, remember the dog and how he can retrieve objects, guide the blind, track lost people – all without being able to distinguish colors. We all have our special talents.

Cub Scout Program Helps 2005- 2006 page 6 April (*Involves a Nature Field Trip*)

Lead a discussion related to the filed trip: When we care about and try to help our fellow creatures, we call that compassion. Where do you see or feel compassion? For someone at school or in your family?

How can you show that you have compassion for someone or something? What could you do to show others you have compassion for them?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Compassion Having consideration and concern for the well-being of others. Don't isolate or exclude anyone. Everybody has something valuable to offer, and nobody likes being left out. Help your Cubs be aware of the needs of others. Disabled children deal with limitations imposed in their everyday lives.

Game - Fumble Fingers. Divide the den into two teams. Tell players to untie their shoelaces. Then tell them to put one hand behind their back (or tie one hand to belt). On "go", each team tries to tie their shoelaces, with each player using only one hand. First team finished wins. If this is too hard, allow boys to help each other, each using only one hand and working together.

Game - Ships in the Fog. Divide the den into two teams and line them up relay fashion at one end of the room. For each team set up a series of obstacles: chairs, tables, stools, etc., Between them and the other end of the room. Blindfold the first player on each team. On "go" he starts for the other end of the room, trying to avoid the obstacles. His teammates may call out directions: Go right, Turn left, etc.. When he reaches the other end of the room, he takes off the blindfold and runs back to touch off the next Player, who is already blindfolded. Continue until all team members have raced. First team finished wins.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council **Our Feathered Friends**

Use Dominos to demonstrate the chain reaction effect of showing compassion. Line the Dominos up in a row as you mention compassionate deeds. Then knock the last Domino over to illustrate how showing compassion spreads. Add more compassionate deeds as necessary.

Character Connection: Compassion continued

Example:

- 1) Build a birdhouse
- 2) Build a birdfeeder
- 3) Build a birdbath
- 4) Do not disturb a bird's nest
 - What do think will happen to the birds if their environment is destroyed?
 - What does it mean to have *compassion*?
 - Do feel like you have *compassion* for birds?
 - How would you feel if someone didn't care about you?
 - What can you do to show *compassion* for birds?

Cub Scout Program Helps 2006-2007 page 6 May

Compassion- We've created three stages of a butterfly-- caterpillar, cocoon, and butterfly. (Tiger Elective 2)

- ✎• Has this helped you understand this animal and the challenges it faces in its life cycle?
- ✎• Do you want to be careful when you see a caterpillar? That is *compassion*. How can you show compassion for other things?
- ✎• What can you do to practice compassion in the week ahead?

Create A Caterpillar (*Elective 2*)

Materials: Section of a paper egg carton (three cups long so you can get four per dozen eggs), craft paints, paintbrushes, chenille stems, small pompoms, wiggle eyes, craft glue, pencil Give each Tiger Cub a section of egg carton (the caterpillar). Allow him to decorate it. Give each boy two 1½-in. pieces of chenille stem. Glue a small pom-pom to one end of each of the chenille stems. Have adult partners use the pencil to poke a small hole in each side of the caterpillar head for the chenille stem antennas. Glue the wiggle eyes to the front of the caterpillar.

Cocoon Model (*Elective 2*)

Materials: Small twig, lots of yarn or string (depending on thickness—at least 10 ft. per boy), small piece of cardboard (1 by 3 in.), scissors, tape Curve the corners of cardboard so that it is roughly oval shaped. Use a small piece of tape to secure one end of the yarn to the cardboard. Have the Tiger Cub wrap the rest of the yarn around the cardboard to form a cocoon. Be sure to cover all of the cardboard. Use the end of the yarn to tie it around a twig.

Character Connection: Compassion continued

Butterfly Magnet (*Elective 2*)

Materials: Round coffee filters, watercolor paints or markers, black chenille stem, spray water bottle, magnetic strip (optional)

Lay the coffee filter flat. Use watercolor paints or water-soluble markers to draw designs on it. Spritz lightly with water until it is slightly damp but not drenched. The colors will bleed some. Let dry for a few minutes. Fold your chenille stem in half. Gather the coffee filter along the center and place it at the bend in your chenille stem. Twist the chenille stem shut and then spread out the ends to form antennas. Add a magnetic strip to the back of the chenille stem so that you can display your butterfly on the refrigerator.

Character Connection: Cooperation

Wolf Book

Complete the [Character Connection](#) for **Cooperation**. (Page 88)

1. **Know-** What is “cooperation”? Why do people need to cooperate when they are doing things together? Name some ways that you can be helpful and cooperate with others.
2. **Commit-** Discuss with your family what makes it hard to cooperate. How do listening, sharing, and persuading help us cooperate?
3. **Practice-** Practice being cooperative while doing the requirements for

“Family Fun.”

Cub Scout Program Helps 2003-2004 page 6 June

- What do you think cooperation means? **ACTIVITY:** make sidewalk chalk- use disposable bowl, spoon. 2/3 cup plaster of Paris; slightly less than 1/3 cup cool water; 2 to 3 tablespoons liquid tempera paint or food coloring; 2 3 oz. Wax-paper cups; 2 pieces of thick yarn 8 inches long. Mix the plaster of Paris and water in the bowl. Add tempera and mix thoroughly until all lumps are gone. Pour equal amounts into the 2 cups. Know the yarn in a loop and push the knotted end halfway into the plaster. Let dry 1 to 2 hours . Tear off the paper cups and draw on sidewalk. Did you cooperate with another boy?
- How did it feel to share the chalk you made? Are there times when it is difficult to work together?
- Can you show someone else how to cooperate? What can you do at home and school to have more cooperation with other people?

Cub Scout Program Helps 2003-2004 page 4 January

Cubmaster’s Minute: Cooperation

When we hear a band play, an orchestra perform, or a choir sing, it is by a joint effort – through cooperation. Great things can happen when people cooperate for a common goal. You cooperate with your parents. You cooperate with your den leader. You cooperate with your teachers. The result can be a fun time, learning new things and experiencing new adventures. Thank you, Cub Scouts, for your cooperation tonight and always. We had a great time!

Cub Scout Program Helps 2004-2005 page 8 October

Game: Mirror Image

Divide the den into pairs. Each stands and faces each other, almost toe-to-toe. One boy is the initiator and the other is his mirror image. The intention is to make movements that are both interesting and slow enough for imitator to mirror facial and physical actions.

The partners cannot touch each other.

All movements are in slow motion.

One foot must remain on the ground at all times.

After a few minutes, have boys switch.

Character Connection: Cooperation continued

Character Connection

Follow the Mirror Image game with a discussion:

1. What does it mean to cooperate? Did you see anyone cooperate even though it was difficult to do that?
2. Is it important to cooperate? What makes it easy or hard?
3. What can you do to cooperate in other things? Could we see how we cooperate as a den when we decide who will lead the closing den yell?

Cub Scout Program Helps 2005- 2006 page 8 Sept.

When you decided as a group what our den yell would be, each person started with his own idea; but eventually you all agreed. This is called cooperation.

Was it easy or hard to see what others wanted?

How did you feel when the final yell was chosen?

How can we cooperate in our den?

How will you cooperate this week at school or at home?

Cub Scout Program Helps 2005- 2006 page 10 Sept.

It took lots of cooperation for cowboys to herd cattle on the Chisholm Trail. What does cooperation mean? Give an example of cooperation. Everyone cooperates a field trip was well as on the cowboy trail. How do you feel when the group cooperates on a trip or during a game?

How does it feel when someone doesn't cooperate with the group?

What can you do to cooperate in the den, at school, and at home?

Talk about how people cooperate when they use the buddy system.

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Cooperation Working together with others toward a common goal. Take turns

whenthere is something that nobody wants to do, or when more than one person wants to do the same thing. Compromise when you have a serious conflict. Make everyone feel needed, working together is a lot more fun that way.

Activities - Team work. Provide each den with a list of things to find. Then tell them to start searching. The teams which all rush together will not do as well as those who plan and divide up the task. Discuss the benefits of planning, teamwork, using the strengths and weaknesses of the team, etc.

Activity – Tug of Peace - A group of boys sit in a circle holding onto a rope placed inside the circle in front of their feet. The ends of the rope are tied together to make a huge loop. If everyone pulls at the same time, the entire group should be able to come to a standing position. The Tug of Peace can also be played by stretching the rope out straight and having boys sit on either side of it, facing each other in two lines. If both sides pull on the rope evenly, they can help each other up.

Character Connection: Cooperation continued

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Invent a Reason to Celebrate 4-Square In each corner of the room tape a picture Of a face showing happiness, sadness, Being upset, and frustration. **Happy Sad Upset Frustrated** Have boys move to the corner of the room that describes their feelings in the following situations. Add more scenarios as necessary. 1) Your family is going to the movies. They ask you for your opinion as to which movie they should see. (Happy) 2) You and your brother are supposed to do the dishes. Your brother won't help and now you don't get to go for ice cream with your friends because the dishes aren't done. (Upset) 3) Your group didn't work together very well and you got a "D" on your class assignment. (Sad) 4) Your teacher says that everyone will get a turn to take care of the class pet. You wait patiently but then she skips you when it should be your turn. (Frustration) • How do you feel when you have a job to do but no one will help you with it? How do you feel when others are willing to help you? • What are some obstacles that prevent you from helping others? • What can you do to be more *cooperative* with others?

Cub Scout Program Helps 2006- 2007 page 8 Sept.

The den leader leads a discussion: In **Zebra Kickball**, the group makes a line and repeats an action.

- What does cooperation mean?
- How did you all cooperate in this game?
- How can you cooperate during the week ahead with your family, your classmates?

Zebra Kickball

Divide boys into two even groups. This game is similar to kickball. A boy kicks the ball and tries to run around the bases and back to home plate. The difference is out in the field, where someone catches the ball, kneels down where he caught it, and puts his hands to his head like zebra ears. Then his teammates make a line behind him, doing the same thing. If the kicker doesn't make it around the bases before the other team does this, he is out. If he does, he scores a point for his team. The ideal location for this game is a larger area or outdoors where there are no walls to stop the ball when it is kicked.

Cub Scout Program Helps 2007-2008 page 8 February

Cub Scouts, you just did the dragon dance.

- How were you able to "slither" around the room without running into things or each other? When people work together for a common goal, we call it *cooperation*.
- Why do you think *cooperation* is important?
- How does cooperation help you in your work at school? How about your duties at home?

I challenge you to observe cooperation happening during the week ahead, and see the way it helps things run smoothly.

Character Connection: Cooperation continued

Cub Scout Program Helps 2008- 2009 page 8 Sept.

- Ask boys to give an example of a situation showing cooperation at home or at the den meeting.
- Ask them how the situation might be different if cooperation didn't happen.
- Ask them how cooperation with t buddy makes them feel.
- Tell them to think of ways in the week ahead that they can show cooperation at home, at school, or Cub Scouting.

Cub Scout Program Helps 2009- 2010 page105 May

Discuss what cooperation means. Boys name some ways that they can be helpful and cooperate with others. Ask: "How do listening, sharing, and persuading help us cooperate?"

Character Connection: Courage

Wolf Book

Complete the [Character Connection](#) for **Courage**. (Page 100)

1. **Know**- Discuss with your family what “courage” is? Review the requirements and discuss how you might need courage in each one to do what is right.
2. **Commit**- Give some examples of when it is hard to do the right thing. Discuss with you family times that it might take courage to be honest and kind. Tell about a time in your life when you needed to be brave or courageous to do the right thing.
3. **Practice**- Practice learning about courage while doing the requirements for “Making Choices.” With family members, act out the choices you would make for some of the requirements

Bear book

Complete the [Character Connection](#) for **Courage**.(Page 96)

1. **Know**- Memorize the courage steps: Be brave, Be calm, Be clear, and Be careful. Tell why each courage step is important. How will memorizing the courage steps help you to be ready?
2. **Commit**- Tell why it might be difficult to follow the courage steps in an emergency situation. Think of other times you can use the courage steps.(Standing up to a bully is one example.).
3. **Practice**- Act out one of the requirements using these courage steps: Be brave, be calm, Be clear and Be careful.

Webelos book

Complete the [Character Connection](#) for **Courage**. (Page 366)

1. **Know**- Define the importance of each courage step: Be strong; Be calm; Be clear; Be careful. Explain how memorizing the courage steps help you to be ready.
2. **Commit**- Explain why it is hard to follow the courage steps in an emergency. Tell when you can use the courage steps in other situations (Such as standing up to a bully, avoiding fights, being fair, not stealing or cheating when tempted, etc.)
3. **Practice**- Act out one of the requirements using these courage steps: Be strong; Be calm; Be clear; Be careful.

Cub Scout Program Helps 2003-2004 page 10 October

Obstacle Course: Follow the Yellow Brick Road

Create an obstacle course for the boys to try out during the den meeting, using the obstacles listed below.

Scarecrow’s Cornfield. Use hay bales or cardboard boxes for a series of hurdles that boys jump over.

Tin Man’s Forest. Set a course for boys to run around trees or chairs.

Lion’s Lair. Use open boxes, chairs, tables, or hoops suspended from doorways or trees for boys to crawl under of through.

Character Connection: Courage Continued

- In the land of Oz, the lion was known for his cowardice, but in the end he showed his courage by confronting the wizard.
- What do you think *courage* means? Imagine that you have some friends who are being unkind to someone. How does it take courage to tell them to behave differently?
- Do you feel that you would have the courage to stand up for what is right? Are there any situations where you wouldn't have the courage to speak up? Why? What could you do to get the help you need to be courageous?
- What can you do the next time you feel like you're losing your courage?

Cub Scout Program Helps 2002-2003 page 3 August

Cubmaster's Minute: Courage

When we begin to feel that life is hard and the task before us is more than we can handle, stop and remember the pioneers who forged the trails west. They left in covered wagons for a life in the unknown. They didn't know what lay ahead of them, but with courage they moved on. They faced mountains, hot dry deserts, dried-up water holes. Little fresh food, fevers, dying oxen and livestock, conflicts with American Indians, outlaws who took their belongings, and sandstorms, just to name a few of their difficulties. But they drew upon their faith in God and their courage and determination to get the job done.

Remember: It takes courage to accomplish our goals in life, even when it seems as if they can't be done. It worked for the pioneers – it can work for you!

Cub Scout Program Helps 2004-2005 page 4 September

Cubmaster's Minute: Courage

Do Right, Not Wrong

We had fun tonight talking about our pack time capsule. Do you think the men and women who fly real space rockets have fun? I hope they do. But you know, I think they have to have a lot of courage, too. They have to want to do something to help their country – our county – find out about space and learn things that might be helpful to us and all the people of the world. To me that makes them good citizens. As a Cub Scout I expect you to have courage and be a good citizen every day. You all have been taught the difference between right and wrong by those who care for and love you. Sometimes we have to show courage and stand up for what we now know is right. Sometimes our friends may try to get us to say or do something we know is wrong. Think about it. If they are really your friends will they try to get you to do wrong and perhaps get you in trouble for it? As a Cub Scout you have made a promise. If you keep that promise, you will show courage and be a good citizen because you now know it is the right thing to do.

Character Connection: Courage Continued

Cub Scout Program Helps 2005- 2006 page 6 Oct.

What do you think courage means? Courage is more than just about danger, it also is about doing what is right.

How does a firefighter show courage? Can you show courage?

How do you feel when you hear about people who have shown courage?

Do you think you could show courage at home? How? What about at school?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Courage Doing what is right regardless of how hard it is or what the consequences are.

Project - What influences your choices? Ask the boys to conduct a survey during the week using the following questions.

- What makes you decide which TV programs to watch?
- Who and what influences what you wear?
- Who or what influences how you spend your money?
- What are your goals in life?
- Who or what influences the things you think are right and wrong?

Collate the answers. Then discuss who or what they follow. Discuss why they follow who or whatever, and how this affects their life.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Cub Scout Shipbuilders The men who sail the seas are men of courage. It takes courage to tell an adult when a friend is about to get hurt. How is "Tattling" different than "Telling" on someone for a good reason?

Tattling or Telling?

- 1) Joe is running into the street and a car is coming. (Telling)__
- 2) Tom is taking another cookie. (Tattling)__
- 3) Mike is playing with his pocketknife. (Telling)__
- 4) John is lighting a match. (Telling)__
- 5) Greg didn't bring his dues to den meeting this week. (Tattling)__
- 6) Phil got in trouble at school today. (Tattling)__
- 7) Frank is allergic to peanut butter. (Telling)__

- Do you know the difference between tattling and telling?

Why does it take *courage* to not tattle on someone?

- How do you feel when someone tattles on you? How would you feel if someone told your teacher that you are allergic to milk? Why is it tempting to tattle on others?
- Make a plan now so that you will have the *courage* to talk to an adult when you know someone might get into trouble.

Cub Scout Program Helps 2006- 2007 page 8 Sept.

Courage--Today you shared stories of American polar explorers (*Achievement 3b*). Being an explorer takes *courage*.

Character Connection: Courage Continued

- What does courage mean? What is it?
- Boys your age may be faced with situations that require courage at school or at home. How do you show courage?
(Examples: Saying no to drugs or violence, standing up to a bully, being safe at home alone).
- In the week ahead, think of the times you will be faced with choices and congratulate yourself on the courageous choices you make.

Cub Scout Program Helps 2008-2009 page 6 Oct.

- What is courage?
- How did the character in your favorite book show courage? How do you show courage?
- How can you show courage in the days ahead?

Cub Scout Program Helps 2008-2009 page 10 Oct.

When the Cub Scouts have created their story (the Write a Folklore Story activity), review the attributes of the hero of their story. The story will likely include a conflict which calls for courage on the hero's part. Aqs: What did this hero do? Was it hard? Did it take courage to do what he did? Do you know what courage is? DO you do courageous things in your lives? Which are they?

Write a Folklore Story

Materials: Pencil and paper

The den will choose a folklore legend and write a collaborative story. Once legend is chosen have each boy write one sentence and pass the pencil and paper to the next boy. Go through the process until the story is "complete." Den leaders should attempt to keep the story on topic while letting the boys' imaginations run free. Once the story is finished, the den leader reads the story to the den. The den might make a skit based on the story and use it the next pack meeting.

Character Connection: Faith

Tiger book

Character Connections Faith (Page 65)

Practice- Do requirement 5F

Know- Discuss things about the weather that you know to be true, but you cannot see at the moment, such as it's the sun still there although you only see clouds? Is the moon there, even though it is day? Can you see wind? Do you know that the rain will eventually stop? Do you have faith in other things you can't see?

Commit- What makes it difficult to believe in things that you cannot see? What helps you to develop faith?

Wolf Book

Complete the Character Connection for **Faith**. (Page 94)

1. **Know-** What is "Faith"? With your family, discuss some people who have shown their faith who have shown an inner strength based on their trust in a higher power of cause. Discuss the good qualities of these people.
2. **Commit-** Discuss these questions with your family: What problems did these faithful people overcome to follow or practice their beliefs? What challenges might you face in doing your duty to God? Who can help you with these challenges?
3. **Practice-** Practice your faith while doing the requirements for "Duty to God."

Bear book

Complete the Character Connection for **Faith**. (Page 26)

1. **Know-** Name some people in history who have shown great faith. Discuss with an adult how faith has been important at a particular point in his or her life.
2. **Commit-** Discuss with an adult how having faith and hope will help you in your life, and also discuss some ways that you can strengthen your faith.
3. **Practice-** Practice your faith as you are taught in your home, church, synagogue, mosque, or religious fellowship.

Webelos book

Complete the Character Connection for **Faith**. (Page 50-51)

After completing the rest of requirements 8, **DO THESE (a, b and C):**

1. **Know-** Tell what you have learned about faith.
2. **Commit-** Tell how these faith experiences help you live your duty to God. Name one faith practice that you will continue to do in the future.
3. **Practice-** After doing these requirements, tell what you have learned about your beliefs.

Character Connection: Faith Continued***Cub Scout Roundtable Helps C E Little***

- Do you think there are ways you can help during your church service? List the ideas and talk to your parents about what you would like to do. If you haven't started the God and Me, God and Family, God and Country, God and Life series you might want to check on these to learn more about your faith.

- Many who have been in danger or lost rely on their Faith to keep the strong and overcome the hardships. Talk to your parents to learn how you can prepare yourself for an emergency. Memorizing Bible verses and songs can strengthen you even when you are sad or lonely.

- You learn that a neighbor is very sick and goes to a different church. Can you still care about them or help them? What would you learn from serving their needs? We are told to be servants, do you think you could be a servant to your family, friends, teachers, and others in your community?

Cub Scout Program Helps 2005- 2006 page 6 Dec.

Holidays provide an opportunity to explore our faith. What does faith mean? How does a person's religion help him or her? How does your faith make you feel comfortable? What things will you do this month to support your religious beliefs?

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Faith Having inner strength or confidence based on our trust in a higher power.

Activity - A Blindfold Meal. At a planned outing, such as a den picnic, get everyone to eat a simple meal or undertake a simple activity blindfolded. Care needs to be taken that no one gets burnt or hurts him or herself. Afterwards encourage the Cubs to consider how wonderful their gift of sight is. This could develop into a discussion on the idea that there are different types of blindness. Blindness to the needs of others, blindness to the world that we live in, blindness to the obvious existence of God.

Project - Keep a diary for a week. Make an eight-page diary covering one week for each Cub. (Two sheets of paper folded with the days and perhaps the dates). Get them to keep as accurately as they can an hour by hour time table of what they have done for the week: time they went to bed, got up, started breakfast, finished breakfast, left for school, got to school, etc.. Then at your next meeting (it might be helpful to have calculators) analyze how much time has been spent on each of a number of activities during the week. You might make a list like sleeping, eating, at school, doing homework, watching TV, Cub Scout activities, etc.. Produce a chart. Finally consider what this shows about priorities, inner discipline, etc..

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Faith, Hope, & Charity What Would Webster Say?

Have each boy write down definitions of what they think Faith, Hope, and Charity mean. Compare boys' definitions with the definitions in the dictionary.

- Name a person or persons who demonstrates each of these qualities.

Character Connection: Faith Continued

- Why should we want to develop these traits? What are some steps you can take to develop these qualities?
- What can you do each day to practice *faith*, *hope*, and *charity*?

Cub Scout Program Helps 2006-2007 page 8 July

Achievement 11a, "Duty to God": Inspired by the beauty of the summer months, Cub Scouts can complete the Character Connection for Faith.

Cub Scout Program Helps 2007-2008 page 10 December

Celebrations around the work involve many different faiths, as well as different versions of the.

- What do you think faith is?
- How do you show your beliefs?
- Is one faith or belief better than another?

For the year ahead, many people rededicate themselves to their faith. This might be a good time to do *Achievement 2* and earn the religious emblem of your faith.

Character Connection: Health and Fitness

Tiger book

Character Connections Health and Fitness (Page 50)

Practice- What foods are best for your health and growth?

Know- With your adult partner, have a healthy snack.

Commit- When is it difficult to eat healthy foods?

Webelos book

Complete the Character Connection for **Health and Fitness**. (Page 246)

1. **Know-** Tell why it is important to be healthy, clean, and fit.

2. **Commit-** Tell when it is difficult for you to stick with good health habits. Tell where you can go to be with others who encourage you to be healthy, clean and fit.

3. **Practice-** Practice good health habits while doing the requirements for this activity badge.

Cub Scout Program Helps 2002-2003 page 8 July & 2003-2004 page 6 October Kim's Games

You'll find general directions for this game (along with several variations) in the Cub Scout Leader How-To- Book. In preparation for a den hike, play with times that should be taken on a hike, such as a map, water, extra clothing, first aid kit, compass, etc. This is a good game to start the Cub Scouts on their way to learning the Scout Outdoor Essentials found in the *Boy Scout Handbook*.

- What does it mean to be *healthy and fit*? If you make GORP trail mix— oat cereal, raisins, chocolate chips, nuts sesame sticks and pretzels do you think that the things we add will help keep you healthy? What does that mean?
- What other things can you do to keep fit and healthy?
- Are there places you can go to help you keep fit?
- Is keeping fit and healthy something that you alone can do?
- Can you think of other people who might need to do this in a more healthy way?
- Can you think of ways to encourage them?
- How do you feel when you do good things for your body (for example, eat healthy foods, take a walk, etc.)?
- What are two things *you* can do to stay healthy or get healthier?
- What do you think it means to have a healthy body? What do you do to stay healthy?
- How do you feel when you are sick? Do you feel different when you are healthy?

Character Connection: Health and Fitness Continued

What can you do to keep yourself healthy? How can you help others to do things that are healthy for them?

Cub Scout Program Helps 2003-2004 page 4 July **Cubmaster's Minute**

Cub Scouts should always try to keep themselves strong and personally fit, not just for their own sakes, but so they may be useful citizens of our great county. Keeping fit allows us to help the people around us. If our country is to remain strong, its citizens must also be strong in mind, body, and spirit. Please join me in singing, "America"

Teach Healthy Eating Habits with "There's a Rainbow on My Plate"

In partnership with Dole Food Company Inc. And Crayola® brand, Produce for Better Health Foundation is offering "There's a Rainbow on My Plate," a free nutrition education curriculum that encourages kindergarten through sixth grade students to develop healthy eating habits. It's being introduced into 12,000 elementary schools and 4,000 participating supermarkets across the country in March during National Nutrition Month®. Check out <http://www.5aday.com/index.php>



Cub Scout Program Helps 2004-2005 page 10 July **Cantaloupe Canoes**

Materials: Slices of cantaloupe (six slices per cantaloupe), strawberries, grapes, blueberries

Slice cantaloupe into wedges and hollow the middles somewhat. Place miscellaneous fruits inside.

Character Connection: Health and Fitness

Serve a healthy snack after the ultimate game – fruit, fruit juice, vegetable sticks, and dip are all possibilities. Lead a discussion on healthy snacks:

Did you like this snack? Is this healthy food? Why do you think so?

Why is it important to eat fruit?

Do you notice a difference when you don't eat healthy foods?

How can you make healthy choices in your own meals? How will that work at school? At home?

Cub Scout Program Helps 2004-2005 page 4 July **Cubmaster's Minute Fitness**

A Cub Scout keeps himself strong and healthy, not just for his own sake but so that he can be a more useful citizen. When you are fit physically, you can be more helpful to those around you. Cub Scouts, you are all on the right path from what I saw tonight. Keep up the great work on the trail to fitness on the Scouting playing field.

Character Connection: Health and Fitness Continued

Cub Scout Program Helps 2005- 2006 page 8 Feb.

How do you stay fit and healthy? How might an alien from another planet stay fit and health? Is it hard to stay fit and eat a healthy diet? What can you do this week to be sure you are doing something healthy for yourself?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Health and Fitness Being personally committed to caring for our minds and bodies.

Activity - Form a circle and all face the same direction. Leader gives signals as:

- Start walking (Walk between all other activities, never stop completely.)
- Start hopping.
- Make yourself as small as possible and continue walking.
- Make yourself as tall as possible and continue walking with hands stretched high over the head.
- Bend knees slightly, grasp ankles and continue walking.
- Walk as if the heel on one foot and the toes of the other foot were sore.
- Walk with stiff knees.
- Squat down and jump forward in that position.
- Walk on hands and one foot with the other leg held high, imitating a dog with a lame foot.
- Take giant steps, walking forward and making each step as long as possible.
- Walk forward at a rapid pace, don't run, swinging arms.
- Walk forward raising the bent knee of the advancing leg as high as possible each step.
- Run, lifting knees high.
- Walk on all-fours, hands and feet, not knees.
- Assume a deep knee bend position with hands on hips, then walk in this position, keeping back straight. (This is the duck walk.)
- Support body on hands and feet with legs extended backward, keeping hands in place and knees stiff, walk on toes with short steps until feet are near hands, then, without moving feet, walk forward on hands with short steps until the original position is attained. (This is the measuring worm.)
- Hold the weight on the hands and toes, keeping the back flat, move forward by walking with hands. (This is the seal walk.)
- From a squat position, reach backward and put hands flat on floor without sitting down, walk in the direction of feet, keep head and body in a straight line. (This is the crab walk.)

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Scouting it Out Scouting is going outdoors this month. Being outdoors means picnics.

Make Fruit and Cheese Kabobs

Ingredients: grapes, apples, bananas, oranges, pineapple chunks, mild cheddar cheese, and mozzarella cheese

Slide the fruit and cheese chunks onto bamboo skewers. If you use banana or apple chunks, immerse them in pineapple juice to keep them from turning brown.

Character Connection: Health and Fitness Continued

- What does it mean to have a *healthy* body? What do you do to stay healthy?
- How do you feel when you eat too much junk food? How do you feel when you eat healthy food?
- What can you do to keep yourself *healthy*?

Tin Foil Dinner Applause: Pretend to make a tin foil dinner. Wrap it up and put it on the fire. Wait impatiently and then take it off the flames. Open it up. Leader asks, "How is it?" Boys answer, "Raw, raw, raw!"

Cub Scout Program Helps 2007- 2008 page 6 August

We did an active game today. I saw that you all got tired.

- Do you think that's a good thing?
- Do you know what good fitness means? When we do exercise, that's one way to keep our bodies healthy?
- How else do you keep fit and healthy?

Let's all pay attention to ways that we can keep active and fit during the next few weeks.

Shadow Stomp

Have an open area for active play. "It" runs after the other players, but stomps on the boy's shadow instead of tagging him. When "It" gags a shadow, that boy becomes a new "It".

Character Connection: Honesty

Tiger book

Complete the [Character Connection](#) for **Honesty**. (Page 152)

1. **Know**- Discuss these questions with your family: What is a promise? What does it mean to “keep your word?” What does *honesty* mean? What does it mean to “do your best?”
2. **Commit**- Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
3. **Practice**- Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.

Wolf Book

Complete the [Character Connection](#) for **Honesty**. (Page 18)

1. **Know**- Discuss these questions with your family: What is a promise? What does it mean to “keep your word?” What does *honesty* mean? What does it mean to “do your best?”
2. **Commit**- Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
3. **Practice**- Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.

Bear book

Complete the [Character Connection](#) for **Honesty**. (Page 140)

1. **Know**- Discuss these questions with your family: What is a promise? What does it mean to “keep your word?” What does *honesty* mean? What does it mean to “do your best?”
2. **Commit**- Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
3. **Practice**- Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.

Webelos book

Complete the [Character Connection](#) for **Honesty**. (Page 42-43)

1. **Know**- Discuss these questions with your family: What is a promise? What does it mean to “keep your word?” What does *honesty* mean? What does it mean to “do your best?”
2. **Commit**- Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give our word? When might it be difficult to keep your word? List examples.

Character Connection: Honesty Continued

3. **Practice-** Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.

Cub Scout Program Helps 2002-2003 page 6 November & 2003-2004 page 10 August **Honesty Ceremony**

Here's an easy ceremony that tiger Cubs can perform at the pack meeting for an opening or closing.

Preparation: Prepare cards with the letters H-O-N-E-S-T-Y on them. Write the lines below on the back of the cards.

Narrator: Being honest means many things. The dictionary suggests that an honest person will not lie, cheat, or steal. Other words associated with honesty are *Honorable, Truthful, fair, trustworthy, and genuine.*

Boy 1: **H** --Honor your word.

Boy 2: **O** --Obey the law.

Boy 3: **N** – Never cheat.

Boy 4: **E** – Everyone's property deserves respect.

Boy 5: **S** – Stand for what's right.

Boy 6: **T** – Tell the truth.

Boy 7: **Y** – You can be trusted.

Narrator: You are on the right track to happiness if you practice being honest.

Game: I've Got It!

Cub Scouts form a circle. One boy is chosen to be "It" and stands in the center of the circle. Cub Scouts have an object such as a small rock or eraser that can be held within a boy's hand. Cub Scouts pass the object around the circle while "It" counts to ten. "It" knows the starting point, but not the stopping point. When the count of ten is reached, all Cub Scouts shout out "I've Got It". "It" tries to guess which boy has the object. The boy who does have the object is honest and if he is selected, he becomes "It". Follow this game with a Character Connection high lighting honest.

- What does it mean to be *honest*?
- What does honesty mean? Is honesty an important quality? Is it always easy to be honest?
- How do you feel when someone has not been honest with you? Why do you think it is important to be honest?
- What can you do to encourage honesty with your friends and family?
- Is it fun to play with people who cheat? How do you feel when someone cheats? How important is it to play fairly? Which is more important – to win or to be honest?
- What can you do to help others to play fairly? Can you show by example that it is better to play fairly?

Character Connection: Honesty Continued

remember that we are simply keepers of the earth and it will only be as good as we make it. Cub Scouts should always leave an area we use better than we find it. A Cub Scouts and Scouters, we need t do our best to do our duty to our country, to appreciate our earth, and to be prepared to care for it.

Cub Scout Program Helps 2003-2004 page 4 August

Cubmaster's minute: Honesty

Lord, Baden-Powell, the founder of Scouting said, "Honesty is ta form of honor. An honorable man can be trusted with any amount of money for other valuables with the certainty that he will not steal it." When you feel inclined to cheat in order to win a game, just say to yourself, "After all, it is only a game. It won't hurt me ti I do lose." If you keep your head this way will often find that you win after all.

Cub Scout Program Helps 2004- 2005 page 6 Aug.

Game: Flying Embers

One boy is "It". Everyone else scatters in the playing area. On signal, "It" tries to tag another boy. If a second boy is tagged, that boy puts his hand on the spot where he was tagged. The player who is tagged becomes "It". He then tries to gag another Cub Scout while holding on to the spot where he was tagged. If a boy is tagged on the head, he must place his hand on his head and then try to tag another person. The game is played with only one "It".

(Hint: The best place to tag a person is on the foot. They have to place one hand on the foot and hop around, trying to tag another person).

Character Connection: HONESTY

Do you know what being honest is? did you do that in this game? what about when you were touched but you didn't think you were?

is it important to be honest? is it hard to be honest? Has anyone not been honest with you? how did you feel when you found out that they were not honest?

One part of being honest means not telling a lie. Are there other ways that we ca be sure that we are honest?

How can yo do that in your dealings with other students at school, with friends, or at church?

Cub Scout Program Helps 2004-2005 page 3 August

Cubmaster's minute: Keeper of the Earth

The Cubmaster may be dressed in outdoors gear such as a flannel shirt or down vest, or perhaps just steps forward in a quiet moment while the fire is burning low.

In 1852, Chief Seattle wrote a letter to President Polk concerning the sale of land. He stated, "This we know: The earth does not belong to man, man belongs to the earth. All things are connected like the blood that unites us all. Man did not

Character Connection: Honesty Continued

Weave the web of life; he is merely a strand in it. Whatever he does to the web, he does to himself." We should remember that we are simply keepers of the earth and it will only be as good as we make it. Cub Scouts should always leave an area we use better than we found it. As Cub Scouts and Scouters, we need to do our best to do our duty to our county, to appreciate our earth, and to be prepared to care for it.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Honesty Telling the truth and being a person worthy of trust. How do you decide what's the right thing to do? Some decisions you make aren't terribly important. For example, you might decide to play basketball instead of going swimming. But other decisions may involve a choice between right and wrong, and sometimes it's not easy to know what to do. Whenever you aren't sure what's the right thing to do, stop and think! Ask yourself these questions:

- What does my conscience—that "little voice" inside my head—say about it?
- Could it hurt anyone—including me?
- Is it fair?
- Would it violate the Golden Rule? (How would I feel if somebody did it to me?)
- Have I ever been told that it's wrong?
- Deep down how do I feel about it?
- How will I feel about myself later if I do it?
- What would adults I respect say about it?

Activity - Divide the den into two groups. Give each group a situation to role play. In each role play half the group wants to do the wrong thing and the other half wants to do the right thing. Encourage the Cubs to make up their own situations, and continue the role plays.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Cubs in Shining Armor The Knights of old were men of honor. They knew that to be trusted they had to be trustworthy. They had to be honest with themselves and with others.

Honesty / Dishonesty Flip

Preparation: Put an "H" for HONEST on one side of a coin. Put a "D" for DISHONEST on the other side.

- Read the situation out loud then have one boy give his response depending on which side of the coin is face up after being flipped.
- Have boys tell what he would be doing or saying if he were being honest or dishonest to the following scenarios. Add more situations as needed.

Example:

- 1) You want a candy bar. You only have enough money for gum. (Flip coin)
- 2) You're sitting next to a smart boy at school. You can see the answers on his paper during the test. (Flip coin)

Character Connection: Honesty Continued

3) You're supposed to read for 30 minutes every day but you didn't this morning. Your dad asks you if you did your reading. (Flip coin)

4) You'd like to see a movie with your friends. Your mom says you need to do your homework first. You know you didn't do your homework yet. (Flip coin)

- What does it mean to be *honest*?
- How do you feel when someone has not been honest with you? Why is it important to be *honest* all of the time?
- What can you do to encourage *honesty* with your friends?

Cub Scout Program Helps 2008-2009 page 6 Sept.

(Bobcat Trail #1)

Meet with the adult partners to explain the ways to discuss a Character Connection with the boys. Use the Go See as an opportunity to talk about honest.

- What does honesty mean?
- Why it is important for us to be honest?
- Why is it important for reporters to report honestly?
- Is it always easy to be honest?
- What if we will get into trouble if we are honest?
- What if a reporter has to report something that he doesn't want to report, but must if he is to be honest?
- Ask boys: "Do you think friends who are honest with each other make the best friends?"

Cub Scout Program Helps 2008-2009 page 10 Jan.

Discuss the importance of being honest with our friends and family and while playing games. have boys think about and discuss how it feels when someone has been dishonest with them. Talk about good sportsmanship when playing games. You can also discuss the importance of being honest when writing and reporting facts.

Character Connection: Perseverance

Webelos book

Complete the [Character Connection](#) for **Perseverance**. (Page 124)

1. **Know**- Review the requirements and decide which ones might be more difficult for you to do. Make a plan to complete one of the harder requirements.
2. **Commit**- When doing the harder requirement, did you ever feel frustrated or
 Angry? What did perseverance have to do with that? Name another type of task for which you will need to persevere.
3. **Practice**- Practice perseverance by following your plan to do that requirement for the Athlete activity badge

Cub Scout Program Helps 2003-2004 page 10 November

POMANDER

Pomanders masked unpleasant smells in Pilgrim homes.
 materials: Firm but ripe oranges, lemons, or limes; jar of whole cloves; toothpicks; dish.; powdered cinnamon; large darning needle; sturdy string or yarn. Use the dish to catch drips while you work. Use the toothpick to make holes in the skin of the fruit. Try to keep holes close together and cover the entire piece of fruit. Gently push a whole clove into each hole. Sprinkle the fruit with powdered cinnamon. Set the fruit aside to ripen until the next den meeting. At that time, thread the needle with color string and push it through the center of the fruit. Cut off the needle and tie the ends of the string together in a bow. Hang the pomander from the bow.

Character Connection: Perseverance

The Pilgrims faced hardship when they sailed to this country, but they persevered. Discuss with Cub Scouts what types of challenges they faced.

- What do you think *perseverance* means? **ACTIVITY:** Use a firm orange and poke a toothpick into the skin of the fruit. Keep the holes close together and cover the entire fruit. Next push a whole clove into each hole. Sprinkle the fruit with powdered cinnamon. Set aside to ripen until the next den meeting. Hang the fruit up as a room freshener. What have you seen from this activity? It took a small bit of perseverance to get all the cloves in the orange. But it took the Pilgrims a lot of perseverance to survive harsh winters and difficult conditions, What makes it difficult to persevere?
- How do you feel when you have worked hard and overcome difficulties to complete a task? How does it feel when to quit or give up on a task?
- What is one task or activity in which you need to persevere? How can you practice perseverance?

Character Connection: Perseverance continued

Cub Scout Program Helps 2002-2003 Page 8 APR

“Dig IT Up” Activity

Archeological digs occur in the sand of the Egyptian desert. You can prepare one for your den by planting objects for the boys to dig up. Bury items such as plastic animals, small toy cars, or even silverware or plastic sups in a sandbox or an unplanted flower bed. Give each boy a pair of gloves and tools, such as trowels, sifters, and paintbrushes, to use.

Character Connection

What does it mean to persevere? Did you persevere in finding items? Did others? Egyptians preserved in the things that they did, too.

How did you feel when you persevered? How did you feel when you found an object? Does sticking to something have an effect on you?

What can you do to persevere? How do you think that would help you? (In school, working on a Cub Scouting rank, in relationships). Can you think of ways to help others to persevere?

Cub Scout Program Helps 2003 - 2004 page 3 June

Cubmaster’s Minute

This month we have learned about prehistoric dinosaurs that existed many, many years ago. They became extinct before people ever came to live here on earth. Many studies have been done to try to decide what happened to the dinosaurs. We may never know for sure. What we do know is that we need to keep in mind the ideals of cooperation and perseverance. They are important traits for us to strive for in our daily lives. They will help us move forward ad we hope for peace throughout the world.

Cub Scout Program Helps 2004-2005 page 8 March

Bucket Ball

Materials: Small balls, tow buckets

Set up buckets on a surface that balls will bounce on about six feet from a line. Divide boys into teas and have them line up behind the marked line. Object is to bounce the ball once and have it land in the bucket for a point. The team with the most points wins. Follow with a Character Connection discussion on perseverance.

Character Connection: Perseverance

Think about the game we just played. Was it fun? How did you do on your first try? Perseverance is staying with something, doing it over and over. Did you persevere?

Was it hard to persevere; to do it again? Was it worth the effort? Whey you think of athletes or inventors, do you think they persevere?

Character Connection: Perseverance continued

What are things that you think persevering will help you accomplish? What can you do to show this next week?

Cub Scout Program Helps 2004- 2005 page 4 March

Cubmaster's Minute Do your Best

The Cubmaster asks Cub Scouts and their families to join hands all around the room. Cubmaster explains that a chain is no stronger than its weakest link. The real joy of Cub Scouting comes when cooperation and support exists between families and Cub Scouts. Every boy and his parent or guardian here tonight can help Scouting keep families strong – by helping each other as you “Do Your Best.”

Cub Scout Program Helps 2005- 2006 page 10 Jan. *(Create musical instruments)*

Boys worked on creating musical instruments. As they are finishing, lead a discussion: What does it mean to be musical? Does that mean that you have to sing well? How about an instrument? When you learn to play an instrument, can you play it right away?

What Does it mean to persevere? Is it easy to hard to keep trying to plan an instrument? Can you say that you persevere at things? What kinds of things? How will you persevere at things this week?

Cub Scout Program Helps 2005- 2006 page 8 March (Mislabelled Personal Achievement--not 1 of the 12 Character Connections)

Activity Make Puddle Jumpers in Wolf Handbook for Elective 7b

CC-What is perseverance? When you first used your puddle jumpers, was it a challenge to walk on them? Did you want to quit after the first couple of tries? Was it harder to persevere when you saw others succeeding? What did you learn from walking on the Puddle Jumpers?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Perseverance Sticking with something and not giving up, even if it is difficult.

Game - Blind Pirate. An individual Cub is selected to be the Blind Pirate. He is blindfolded and sits in the middle of the floor cross-legged. A bell or bunch of keys or anything noisy is placed in front of him. Have the rest of the den sit in a circle around him cross-legged. One at a time have a Cub from the circle try to get up, take the bell and return to their place without making a sound. The Pirate tries to point to the individual that is moving. If he succeeds, they change positions. This game, like many others, develops a particular discipline. Discuss how they felt having to keep silent for long periods.

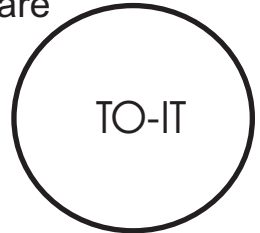
Game - Provide a bucket half full of water with a quarter in the bottom. Give each person a penny to drop in, to try to land entirely on top of the large coin. It is almost impossible. The trick takes time and patience. Discuss the need for patience, and when and why it may be appropriate.

Character Connection: Perseverance continued

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Music Magic Have boys name a musician. What qualities does that musician have? • How did he/she become good at singing or playing an instrument? Do you think they are just naturally talented or did they have to work at it? Do you think they had to *persevere*? What does *perseverance* mean? • What are some steps you can take to be better at

something you're interested in? How do you feel when you set a goal and are able to accomplish what you had set out to do? • What is one goal you would like to accomplish this month? How will *perseverance* help you in accomplishing your goal? **Round-To-It** Have you ever said, "I didn't get around to it" or "When I get around to it?" Give each boy a "round to-it." Explain that they should tape it on their bathroom mirror, refrigerator, or school binder to remind them that they need to get around to working at their goal every day.



Cub Scout Program Helps 2006-2007 page 6 July

Use Rocket Launchers to see which boy can land his rocket closest to a target. Afterward, ask the boys about the game. Some of them had a harder time than others launching their rocket and reaching the target. But they kept trying and, with practice, improved. This is called *perseverance*.

- Do you persevere with other things in your life? What are they?
- How does it feel when you try and try and then succeed? Tell about a time you had this experience.
- Suggest that boys can persevere in many things in the weeks ahead and to keep trying to do so.

Cub Scout Program Helps 2007-2008 page 8 May

The den leader asks Cub Scouts about making the rose treats.

- Was it easy? Did it take more than one try?
- Do you know what is? Sticking to something and trying again and again.

In this case, you had the goal of making a present- a handmade gift for Mom or another relative. Ask for other ways boys "stick with it." Challenge them to think of more ways that they persevere and the positive outcomes of doing so.

Chocolate Roses

Materials: Chocolate "kisses", leaf shapes cut from construction paper, skewer stick, 12 in of green florist tape, pink or red cellophane/plastic wrap

Place the two Hershey's kisses together, bottom end to bottom end, and hold in place. Wrap them with a small square of pink or red cellophane from top to bottom, creating a roselike shape. Gather the cellophane together at the bottom of the rosebud and lay a skewer "stem" on it. Twist the cellophane around the stem, and add a precut leaf shape near the bottom of the "bu". Use the florist tape (about 12 in.) to wrap around the cellophane, leaf, and stem, all the way to the bottom.

Character Connection: Perseverance continued

Cub Scout Program Helps 2008-2009 page 6 July

Perseverance is sticking with something and not giving up, even if it is difficult. Sports can be difficult; it takes practice to be good at them. Help the Tiger Cubs realize that working hard at something and doing their best is all we ask of them. Encourage them not to give up when something seems hard but continue until they have done the best they can. Discussion points can include:

- What things are hard for a Tiger Cub to do?
- How does it feel when you try and try to do something? That is perseverance.
- Do you think that sports stars ever found playing their sport difficult and wanted to quit?
- What will you persevere at this week?

Character Connection: Positive Attitude

Wolf Book

Complete the [Character Connection](#) for **Positive Attitude**.(Page 70)

1. **Know**- Discuss with your family how a cheerful and positive attitude will help you to do your best at school and in other areas of your life.
2. **Commit**- Discuss with your family how gathering items for a collection may be difficult. How does a hopeful and cheerful attitude help to keep looking for more items? Why is a positive attitude important?
3. **Practice**- Practice having a positive attitude while doing the requirements for "Start a Collection."

Webelos book

Complete the [Character Connection](#) for Positive Attitude.

1. **Know**- Discuss with your parent or guardian, or your Webelos den leader, what it means to have a positive attitude and the "BEST" steps you can take to have a positive attitude. (**B**elieve it can happen, **E**xpect success, **S**et your mind, and **T**ry, try, try.)
2. **Commit**- Plan with your parent or guardian, or your Webelos den leader, how you will apply the "BEST" steps for a positive attitude in doing your schoolwork and in other areas of your life.
3. **Practice**- "Do your 'BEST'" to have a cheerful and positive attitude while doing the activities in Cub Scouting.

Cub Scout Program Helps 2003-2004 page 4 September

Character Connection: Positive Attitude

Positive attitude and resourcefulness are two of Cub Scouting 12 core values to emphasize with this theme. Discuss these traits with the boys in den meetings after a project or activity, or stress them in a Cubmaster Minute at the close of the pack meeting. Encourage the boys to think about questions such as these:

- What does it mean to have a *positive attitude*?
- Why is it important? How can it help you and those around you to have a positive attitude?
- What can you do to improve your attitude?
- What are some things you and I can do to keep a positive attitude?

Cub Scout Program Helps 2004-2005 page 3 December

Cubmaster Minutes: Positive Attitude

When we say the Cub Scout Promise, each Cub Scout promises to "Do his best." Doing your best starts with a positive attitude. You can do your best only through a positive attitude. This means that you approach every task by looking at the positive things that will happen because of it, either for others or for yourself. It means knowing that you will always do your best, no matter what the job facing you might be.

Character Connection: Positive Attitude continued

Cub Scout Program Helps 2002-2003 page 3 June

Cubmaster Minutes: **Positive Attitude**

Props: Flowers arrangement with both wilted and fresh flowers

This month we have been preparing for our outing. How was your attitude about it? Were you a cheerful helper? Were you a positive role model for those around you? Did you set a good example for others? Always remember that attitudes are important. They show or tell others a lot about us. So when you pick one (Cubmaster chooses a fresh flower from the arrangement), pick a good one!

Cub Scout Program Helps 2003-2004 page 4 September

Cubmaster Minutes: **Soaring to New Heights**

This month we have learned about soaring to new heights. We have learned about people and the contributions they made to help us be able to soar. Do you think they reached their goal by having a positive or a negative attitude? How many of you are familiar with the story "The Little Engine That Could?" The little engine could easily have given up on the job he had to do, but he had a positive, can-do attitude. (In a soft but encouraging voice, make the next statement sound like a challenge.) I hop each of you will show others at home, at school, and in your neighborhood that you have a positive, can-do attitude.

Cub Scout Program Helps 2005- 2006 page 8 June

Activity

Colors Game

Prepare a sheet with the following words written in the designated colors: Red (written in red), blue (blue), yellow (green), brown (yellow), orange (black), black (purple), and purple (orange). This simple game shows how your eyes can play tricks on you. Boys take turns naming the colors the words are written in (not reading the words of the colors) from top to bottom, as fast as they can.

CC

When you called out the different words, but sometimes called out the colors, did you feel like giving up? Or did you keep on with a positive attitude?

What do you think positive attitude means? How do you show a positive attitude?

How did you show it in this game?

Can you have a positive attitude in school? In your family?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Positive Attitude Setting your mind to look for and find the best in all situations.

Activity - Have the boys sit in a circle and explain that you're going to make a spider web. Give the first boy the end of the string and the ball. He holds the

Character Connection: Positive Attitude continued

end with one hand and with the other rolls the ball to another boy. It continues in the same manner from boy to boy. Remind them to hang on. At the end, discuss that through the positive attitude we have and receive, we begin to understand that we are intrinsically connected to those around us and that we have the ability to affect other peoples attitudes.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Cubstruction Blocks of Positive Thoughts Gather shoeboxes with lids. For each positive response to the following statements place a shoebox on the floor as if laying bricks. Add more positive statements of your own to build a wall. Example: 1) Name one thing you are good at. 2) What subject at school are you best at? 3) Name one of your talents. 4) What did you do lastweek that made someone else feel good?

- Think of someone who has a *positive attitude* most of the time. Now think of someone who has a negative attitude most of the time. Which person would you rather be around? Why?
- Do you usually have a positive or a negative attitude? What keeps you from having a positive attitude? How hard is it to be positive when others around you are negative?

Cub Scout Program Helps 2006-2007 page 6 December

Lead a discussion after the boys play **Star Toss**.

- Was this a fun game?

Did you have a positive attitude about how many stars could land on the nails? What does that mean?

- How do you show a positive attitude in your family, or at school?

- Let's plan to show a positive attitude this week at the pack meeting when we tell about our Go See It.

Star Toss

Materials: Game board, wire, duct tape, nails

Preparation: Hammer large nails randomly on a 2-by-2-ft. board. (Alternatively, involve Tiger Cubs in making this board. Each Tiger Cub and his adult partner can hammer two nails.) Make five or six stars from wire (14-gauge electrical wire, 16-gauge flower arrangement wire, or 16-gauge baling wire works well). Put duct tape around the ends securely. Lean the board against a chair. Tiger Cubs take turns tossing wire stars. When they get better, increase the distance or have boys aim for a specific nail.

Cub Scout Program Helps 2007-2008 page 8 January

When you were running the Pit Stop Race, did you feel like you were winning all the time? Did you feel you were doing your best? If you go frustrated , how did that feel? Do you know what it means to be frustrated?

- Who can tell me what a *positive attitude* is?
- Did you have a *positive attitude* when you were playing the games?
- What kind of a *positive attitude* will help you in the week ahead?

Let's all try to think of a situation where we had a *positive attitude* and it helped us come out ahead.

Pit Stop Race

Materials: Large cardboard box, paint, two 9 in. foil pie pans, duct tape, two empty 1 liter bottles, one plastic coffee can lid, craft knife, scissors, stopwatch

Paint the side view of a race car on the side of a cardboard box.

Assemble tires. To keep the pie pan tires from tearing, attach a 2 in. square of cut tape of other reinforced tape to the center of the outside of each pie pan. Trace the mouth of a 1 liter plastic bottle onto this square. Use a craft knife to cut an asterisk through the center of the circle. Press the tabs flat against the inside of the pan (the opening should be just big enough for the bottle mouth to fit through).

Make a washer by tracing the bottle mouth onto a plastic lid. Draw a slightly larger circle around the tracing and cut out both circles (so that it resembles a doughnut). For an axle, cut off the bottle bottom 5 ½ in. from the rim and discard. Make a series of 1 in. -long cuts around the trimmed edge. Fold the tabs outward and tape them to the car with duct tape.

Running the relay. Show boys how to put on and remove a tire by pushing in onto the axle, slipping on a washer, and screwing on the bottle cap lug nut. Divide boys into pairs and line them up behind the starting line. On a signal, each pair runs to the car, removes the tires, and reattaches them to the opposite axles. The team completing the task in the shortest amount of time wins.

Cub Scout Program Helps 2008-2009 page 8 January

As the Tiger Cubs explore the world of "grown-up careers," encourage them to notice that people who are happy with their career choices have positive attitudes about their jobs and how they can help others. No matter how big or small a task, with a positive attitude we can do our best to reach all of our goals. Discussion points can include these:

- Is it always easy to be happy and to have a positive attitude?
- What makes it hard to have a positive attitude?
- How can we help others have a positive attitude?

Character Connection: Resourcefulness

Bear book

Complete the [Character Connection](#) for **Resourcefulness**. (Page 156)

1. **Know**- Review the requirements for this achievement and list the resources you will need to complete them. Then list the materials you could substitute for items that you do not already have. Tell what it means to be resourceful.
2. **Commit**- After you complete the requirements for this achievement, list any changes that would make the results better if you did these projects again. Tell why it is important to consider all available resources for a project.
3. **Practice**- While you complete the requirements for this achievement, make notes on which materials worked well in your projects and why.

Cub Scout Roundtable Helps C E Little

- What do you think it means to show *resourcefulness*? If you didn't know the answer to a question on your homework how would you find the answer? Did you know that the Library has a Reference section that can show you how to find the answers to hard questions?

- Does being resourceful mean only that you know how to find the answers to questions or does it also include being able to use the skills that you have learned?

- Do you think being resourceful is a valuable asset? If you were lost in the forest, would you want to have a resourceful person with you? Could you learn by helping the person survive being lost in the forest?

Cub Scout Program Helps 2004-2005 page 8 June

Adventure Trail

Adapt the suggestions in the *Wolf Handbook* to use in your trip to the park.

Create an adventure trail where Cub Scouts label activities such as jumping obstacles, tossing objects, crawling, running or feats of skill. Relate all activities to a theme such as pirate adventures, characters from folklore, knights, the wild West, etc. Cub Scouts use objects that they bring from home or find at the park. Never cut branches from trees or remove leaves from park shrubs.

Character Connection: Resourcefulness

Discuss with the Cub Scouts:

When you put together your adventure trail, many of you brought objects from home. We call that using resources. Some of you picked objects up from the grounds here, we call that using resources. What do you think being resourceful means?

Do you think being resourceful is a good thing? Is there anyone you now who is particularly resourceful? What do they do?

Let's try to find a way to be resourceful through the next week. When we meet again, can each of you share a way that you were resourceful during the week?

Character Connection: Resourcefulness

Cub Scout Program Helps 2005- 2006 page 10 May

Activity

Nature's Layer Cake— Use a shovel to dig a hole to show layers of soil. Make sure you have permission to dig in the soil, and keep the piece you removed so you can replace it without damaging the area.

The Worm Turns

Materials: 3 types of soil, jar worms.

Using the 3 types of soil from the soil experiment (Elective 15b) (Making sure one of them is humus), layer them in a glass jar: clay on the bottom, then sand, then humus. Add earthworms. Poke holed in the jar lid and cover the jar. Put it in a safe place for the next den meeting. The earth worms will mix the soil as they travel though the jar. Boys will be able to see how the “worms have turned.” Explain that worms eat microscopic insects that live in the soil. The worms chew soil as they travel, absorbing the insects for food.

CC-

We have looked at the layers of dirt that make up the soil of our Earth. We've seen the soil experiment and the creatures that live in the soil and use the nutrients found there. What does resourcefulness mean? Could that term be applied to the critters in the soil? Are you resourceful? What does that mean for you when you discover that you need something? What kinds of resources do you use?

Are there ways you can demonstrate being resourceful during the week ahead? Can you be resourceful as you help your friends? How about helping your family?

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Resourcefulness Using human and other resources to their fullest.

Activity - Wind Bags. Tie together the handles of a plastic shopping bag with the end of a ball of string. Staple a few 2-foot lengths of ribbon to the bottom of the bag for kite tails. Now find a windy spot outdoors and start running. As the bag fills with air, slowly let out the string, and the kite should begin to soar and dive. There are a lot of activities you can do with recycled items.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Cubs in the Future The future is in your hands. You CAN make a difference.

If we don't recycle the tin cans we use today they will still be around in the year 2105 and aluminum cans we use will be around in 2205. Recycling is being resourceful.

Have boys bring a variety of sizes of clean empty cans to den meeting. Cover the cans with colorful Contact Paper. Decorate with markers and stickers. Use the decorated cans to store pens, pencils, and other art supplies.

- What does it mean to be *resourceful*? Do you use both sides of a piece of paper or do you just throw it away after you have written on one side? If you use both sides you're being *resourceful*.

Character Connection: Resourcefulness

- Do you think being *resourceful* is important? Why?
- What can you do to be *resourceful* this coming week?

Character Connection: Respect

Tiger book

Character Connections Respect (Page 57)

Practice- When talking with other family members, how do you show respect? How do you listen respectfully? How can you interrupt people and still be respectful?

Know- Participate in a family conversation. After the conversation, discuss how you and others showed respect.

Commit- How does it feel when people listen to you with respect? List 3 things to remember that will help you talk respectfully with others in the future.

Wolf Book

Complete the Character Connection for **Respect**.

1. **Know-** Discuss these questions with your family: What things have people do to show a lack of respect to our world? Why is it important to respect your environment and natural resources? How can you show respect for your environment?
2. **Commit-** Discuss with your family how you feel when you see places in your neighborhood that have lots of litter. Name one thing you can do to help the environment.
3. **Practice-** Practice being respectful while doing the requirements for "Your Living World."

Bear book

Complete the Character Connection for **Respect**. (Page 72)

1. **Know-** As you learn about how Cub Scout age life was like for adults you know, does what you learn change what you think about them? Tell how it might help you respect or value them more.
2. **Commit-** Can you think of reasons others might be disrespectful to people or things you value? Name one new way you will show respect for a person or thing someone else values.
3. **Practice-** List some ways you can show respect for people and events in the past.

Webelos book

Complete the Character Connection for **Respect**. (Page 318)

1. **Know-** Tell what interested you most when completing the requirements for this activity badge. Tell what you learned about how you can show appreciation and respect for wildlife.
2. **Commit-** Tell things some people have done that show a lack of respect for wildlife. Name ways you will show respect for and protect wildlife.
3. **Practice-** Explain how completing the requirements for this activity badge gives you the opportunity to show respect.

Character Connection: Respect Continued

Cub Scout Program Helps 2002-2003 Page10 MAY

Movie Review Poster

On a piece of posterboard, write, "Upcoming feature: [name of the Scout] – A New Webelos Scout." Each boy draws a self- portrait under his name or glues on a photo. Den members write compliments about him and glue them on the poster like a movie review. Place 5 stars by each comment. Display these posters at the pack meeting.

- What do you think it means to show *respect*? Have the scouts draw a self-portrait and have the Den members write compliments about him and glue them onto a poster. Who was showing respect in making these posters?
- How did you feel about showing your respect for others by saying nice things? How did you feel when others said nice things about you?
- Can you think of ways you show respect for people? What can you do to other people you meet, or your family, to show your respect for them?

Cub Scout Program Helps 2004-2005 page 6 February

Family Mobile

Spray-paint a small tree branch ahead of time. Place the base in a small pan of clay and mold the clay up to hold the branch upright. Add objects to the branch that represent the boy's family members of the present and the past – include their countries of origin, what they did for work, different places they may have lived, etc.

Character Connection: Respect

Lead a discussion after completing the family mobiles.

What you show respect for someone you say that you support them in things they do and like to do. When you were adding times to the branches, what did you think about? Did you choose items that represented positive things about family members?

Is it important to show respect for others? How do you show respect for people in the den? For your family?

How can your den show respect for each other? How can you show respect for people at school or in your church? How about if everyone tries to show respect for others at least once a day during the next week.

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Respect Showing regard for the worth of someone or something. Listen carefully to others and be sure you understand what they are saying. Show appreciation to people for what they contribute.

Activity - Bring in articles from newspapers and magazines describing situations in which respect or disrespect are issues. Talk about who is acting respectfully, and who is acting disrespectfully in these situations.

- Treat other people the way you want to be treated.
- Be courteous and polite.

Character Connection: Respect Continued

- Listen to what other people have to say.
- Don't insult people, or make fun of them, or call them names.
- Don't bully or pick on others.
- Don't judge people before you get to know them.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council **Diggin' in the Dirt Wiggle Worms**

Boys will learn that they need to be respectful toward all living creatures. Have boys sit in a circle. Give each boy a gummy worm that has been wrapped in plastic wrap. When the leader says something that is respectful pass the worms to the right. If the leader says something that is disrespectful pass the worms to the left. Add more situations as necessary.

Example:

- 1) I see a black widow spider. We better not touch it. Let's tell an adult about it.
 - 2) Let's poke a stick at the snake and watch how fast it can move.
 - 3) We're going to study bugs. After we're done we should put them back where we found them.
 - 4) Bugs are just little. How dangerous can they be? I'll pick one up to show that I'm not afraid.
- Have you heard that you should *respect* your elders? What about *respecting* wildlife?
 - Why is it important to *respect* all living creatures?
 - What can you do to show *respect* for even the smallest living creatures?

Cub Scout Program Helps 2006-2007 page 10 August

Play Spider Web (see the Cub Scout Leader How-To Book). After boys play, the den leader leads them in a reflection. Tell the boys that there are no “wrong” or “right” answers. Everyone should feel free to answer the questions without being teased.

- What did you learn about each other during this game? Now that you know a little more about each other do you think you will have more respect for the feelings and opinions of others?
- How did the game make you feel when it was your turn to answer questions? Were you afraid that others might make fun of you?
- What can you do to make others feel comfortable about sharing things about themselves?

Cub Scout Program Helps 2007-2008 page 6 November

(See next page for directions for Talking Stick and use) We just made a talking stick and learned how it is used.

- What is a word that you might know that means taking turns or allowing someone to have your attention when he or she is talking? Do we all know what *respect* means?
- How does the use of the talking stick show respect?
- Can you think of a time you have had *respect* for other Cub Scouts?

Thank you all for your respect for each other --it makes this a really great den to be a part of.

Character Connection: Respect Continued

Talking Stick

Materials: Stick or dowel rod approximately ½ by 24 in., yarn, small scrap of fur or felt, jingle bells, leather or suede cord, pony beads, feathers, shells, craft glue, scissors. Cut a piece of fur 1 by 2 in. Wrap it around the end of the stick and glue it. Spread a little glue at the end of the dowel or stick near the fur. Wrap yarn tightly around the tick, adding more glue as needed. Cover about 5 in. of the stick, changing the color if desired.

Tie suede lace near the bottom of the yarn wrap. Thread the lace through bells, beads, feathers, shells – how-ever boys want to decorate it – and knot again.

Talking Stick Legend

Den Leader: Whoever holds the talking stick has within his hands the sacred power of words. Only he can speak while he holds the stick; the others must remain silent., Feathers tied to the talking stick give him the courage and wisdom to speak truthfully and wisely. Rabbit fur on the end of the stick reminds him that his words must come from his heart and that they must be soft and warm. The speaker should not forget that he carries within him a sacred spark of the Great Spirit, and therefore he is also sacred. If he feels he cannot honor the talking stick with his words, he should refrain from speaking so he will not dishonor himself. When he is again in control of his words, the stick will be returned to him.

Cub Scout Program Helps 2008-2009 page 10 Aug.

We were just reciting the **Outdoor Code**. What does respect mean to you?

Why would I say respect is involved in these thoughts?

Do you practice respect for people around you? How ? Who?

How can we show respect to others?

Thank you, Cub Scouts. I respect al that you are doing for yourselves and for others.

Cub Scout Program Helps 2009-2010 page 65 Nov.

LEADER: Tiger Cubs, we just played the Hero game. How do you feel about these heroes? Do you have respect for them and what the do? Do you know what “respect” means? How do you show respect for people like your parents, your teacher, or your church leader? Let’s think of ways we can practice showing respect for other people.

Character Connection: Responsibility

Tiger book

Character Connections Responsibility (Page 32)

Practice- Do requirement 1F

Know- Think about the chore that you completed. What was the hardest part of doing the chore? How well was the chore done? What does it mean to be responsible?

Commit- Why is being responsible important? Are there chores you can do by yourself? List other ways that you can be responsible.

Wolf Book

Complete the Character Connection for **Responsibility**.

1. **Know-** Discuss these questions with your family: How does being responsible help us be safe? Within the past week, how did you show responsibility?
2. **Commit-** Discuss these questions with your family: What happens when people are not responsible? What things can make you forget to be responsible? What things will help you be more responsible?
3. **Practice-** Practice being responsible while doing the requirements for "Be Safe at home and on the Street."

Webelos book

Complete the Character Connection for **Responsibility**. (Page 300)

1. **Know-** List all the tasks you can think of that are necessary in keeping a household in good shape. Name the tasks that are your responsibility. Tell what it means to be responsible for these tasks.
2. **Commit-** Talk about what happens when people don't do their jobs. Tell why it is important to be helpful and to be responsible. List ways that you can be more responsible on your own.
3. **Practice-** Choose one of the requirements and show how you are responsible by doing that task well for 2 weeks.

Cub Scout Program Helps 2003-2004 page 8 January

Home Alone Booklet

Materials: Sheets of 8 ½ " by 11" paper, brads, pens, crayons, markers, stickers, stars, et. First week: camera

Fasten the pages together with brads so new pages can be added during the meetings. Some pages can be decorated with clip art.

During the first meeting, take the boys' photos; each boy will decorate his booklet's cover and next week will add his picture to personalize it.

Den leaders can provide special pages to be completed at home with parents. These pages might include such things as:

- Home fire escape plan
- Family chore chart
- List of house rules

Character Connection: Responsibility Continued

Character Connection

After Cub Scouts have completed these pages with their families, have them share the pages with den members. Then lead a discussion on *responsibility*.

- What does it mean to be *responsible*? If you've been trusted to be home alone, what do your parents expect?
- What makes it difficult to tell a friend that you're not allowed to have friends in the house when your parents aren't home? Why would your parents have this rule?
- Why are some things you can do to show your parents that you are responsible?

Cub Scout Program Helps 2002-2003 page 8 September

Controlled Landing

Divide boys into two teams, The first player on each team is blindfolded and turned around three times. He then tries to walk to his team's goal line. His control tower (the other players on his team) may shout directions at him. When he reaches the goal line, he takes off the blindfold and runs back to the next player, who repeats the action.

Character Connection: Responsibility

What does it mean to be responsible?

Who had responsibilities in the game?

What were they?

How did you feel about being responsible for your teammate? What made being responsible difficult?

How did it feel to have limited sight and have to rely on someone else?

What can you do to help people who have impaired vision? What responsibility do you have for them?

Cub Scout Program Helps 2003-2004 page 3 January

Cubmaster's Minute

How can we expect boys to be responsible if we, as parents and leaders, don't give them the opportunity? It's only fair that if we want them to be responsible, we must teach them how. And if you boys want and are to be given opportunities to prove that you can be responsible, it is necessary that you show that you have the skills needed and can be entrusted with the responsibility of being home alone.

2004 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council

Responsibility Fulfilling our duty to take care of ourselves and others.

Activity - Doing my Part. Create a large puzzle with one part for each person. Hold back one piece of the puzzle. Have the Cubs identify and look for the missing piece. After a short look, tell the boys you have the missing part. In order to complete the puzzle you (the leader) must contribute your part. Explain that responsibility is not just doing your part. It is also trying your best to find out why something is not working right. We might have to encourage others to do their part.

Character Connection: Responsibility Continued

Activity - Have the Cubs bake chocolate chip cookies. Assign each child to bring one ingredient. Have the Cub that is assigned to bring the chocolate chips not bring them. Talk about what happens when someone doesn't fulfill their responsibility. When you agree to do something, do it. If you let people down, they'll stop believing you. When you follow through on your commitments, people take you seriously. Supply the chocolate chips and continue making the cookies.

2005 Pow Wow Book Cub Scouting Forever by Great Salt Lake Council Zoo Adventures Response-ability Charades

Explain that responsibility is fulfilling our duty to take care of others and ourselves. It is behaving appropriately without having to be told each time.

Divide the den into 2 teams. Have one boy from each team select a card and act out the situation for his own team members to get. Put a 1-minute time limit on each charade then give the other team a chance to perform and guess their charade. Add more situations as necessary.

Example:

- 1) Picking up litter.
- 2) Walking quietly at the zoo. No shouting.
- 3) Feeding your pet.
- 4) Taking your pet for a walk.

- What does it mean to be *responsible*? Why is it important that you act *responsibly* towards animals at the zoo and at home?
- What can happen if an animal swallows a balloon or gets caught in plastic soda can rings? Is it your *responsibility* to dispose of trash properly that could harm animals when you're at the zoo?
- What are some things you can do to be *responsible* when you visit the zoo?

Cub Scout Program Helps 2006-2007 page 10 October

After boys play Sink the Ship, lead a Character Connection activity on responsibility.

- Your responsibility was to decide which items would help you survive.

What did that responsibility mean to you?

- Do you feel you are responsible for things in your life, your family, at school?
- During the next week, let's pay attention to those things we are responsible for and make sure we do our best. How can you do that?

Sink the Ship

Materials: Balloon and string for each player

Players stand in a circle, each with an inflated balloon attached to a 36-in. string tied to an ankle. On a signal, each player tries to break the other balloons by stomping on them. When a balloon is broken, the "ship" is sunk, and the "captain" leaves the circle. The game continues until only one player is left.