

Helmets to use with Costumes

This helmet idea can easily be adapted for many different costumes. Be creative! Frankenstein, Racing Car Driver, Knight, and many more! This helmet should fit children under 6 years old. If you want an older child to wear it, you may have to cut and join two milk cartons together.

Parental supervision is recommended.

This project is rated **AVERAGE** to do.

What You Need

Note: Supplies will vary depending on the type of helmet you want to create.

- Gallon milk carton, washed, rinsed, and dry
- Scissors
- Craft paint in colors desired (see tips below)
- Paintbrush
- Hole punch (if visor is desired)
- Sheet of acrylic such as Shrinky Dinks (if visor is desired)
- 2 Metal brads (if visor is desired)
- Colored electrical tape (for race car helmet)
- Miscellaneous supplies, as needed by individual project

How To Make It

1. Hold the milk carton upside down by the handle.
2. Look at the photograph as a guide, and cut all the area where the handle resides and the milk carton top off with the scissors. Our particular milk carton actually had a difference in texture on the carton where we cut and that gave us the basic shape of the helmet.
3. You should have a "helmet" that a child can put on their head.
4. Trim off any sharp points.
5. Paint the helmet on the outside and then let dry.

Variations:

Racecar Driver:

1. Cut colored electrical tape into thin strips.
 2. Place the "racing stripes" on the helmet as desired.
 3. Use paint markers to add the Racecar Driver's name or sponsor's names.
 4. Hole punch on either side of the helmet about at the level of the eyes. (see photo)
 5. Cut a sheet of acrylic to fit across the helmet. Hole punch and adhere with brads.
- Note: Be generous on size so it doesn't make removing the helmet difficult.*

Frankenstein:

1. Paint green and let dry.
2. Cut out very large bolts out of cardboard. Paint with silver or gray paint. Let dry.
3. Use hot glue to adhere the bolts to the helmet/head.
4. Paint face green with face paints.
5. Add a scar with face paints, if desired.

Tips

You can use spray paint to paint your helmet. Adults supervision is recommended.

reference: www.kidsdomain.com

